

Get Movin' At Martin

Pilates & Core Stability

Instructor: Barbara Johnson

Mondays and Wednesdays, 9:15-10:15. First Class FREE

Cost: Members \$5. Non-Members \$7. Non-members please pay at the front desk.

Flex Exercise Class

Tuesdays and Fridays, 9:30. Members free. Non-members \$5. Non-members please pay at the front desk.

Tuesday class led by Kathy McFarlane. Friday class led by Dot Small.

This chair exercise class focuses on flexibility and balance.

Tai Chi

Instructor: Julie Russell

Thursdays, 9:00-10:00. Tai Chi quiets minds, helps with breathing deeper, and improves balance. For more information call Julie at 615-831-0440. Cost: \$40 for 4 classes for members; \$80 for non-members.

Non-members please pay at the front desk.

Yoga

Instructor: Julie Russell

Thursdays, 10:15-11:15. Cost: \$40 for 4 classes for members; \$80 for non-members.

Single class cost: Members \$11. Visitors \$22.

Social

Potluck Luncheons: 3rd Tuesday of the month at 11:30

Martin members: \$2. Guests: \$5.

Entrée provided but everyone must bring a **LARGE** dish to share.

We don't want our guests to leave hungry!

Tuesday, December 18

Back by Popular Demand guest entertainer Mark Edwards returns for the holidays!

Sing-a-long with some of your favorite holiday songs. Mark will take us back to the 40's, 50's and 60's, to the sounds heard over the basement radio, at the corner bar, or in the booth of a city nightclub. Join us as we are taken back in time with performance. He has performed all across the US and Canada and will win you over with his heartfelt vocals and stylish interaction.



Tuesday, January 15

Guest Speaker: Betsy Crossley, Brentwood Commissioner

H.G. Hill Realty Company and GBT Realty Corporation submitted renderings for **The Streets of Brentwood**, a mixed use development envisioned for the site of the former Murray Ohio headquarters and the current site of the Tennessee Baptist Convention Center. As drawn, the mixed-use project would total 970,212 square feet developed into residential, office, and retail/restaurant uses as well as a theater and a hotel. Ms. Crossley will join us for a discussion of progress the day after City of Brentwood holds the public hearing for the project.



Concord Grapes Red Hat Society

The Red Hat Cluster gathers the 2nd Friday of each month.

Call 376-0102 for schedule. Check out their website at <http://concordgrapes.tripod.com>

The "Knitwits" Knitting Group

Each Thursday at 10:00

Gather with friends and share your tips with other knitters.

For more information please call the Center at 376-0102.



Health and Wellness

Massage



Licensed therapist Kathy McFarlane is available every Tuesday and Thursday.

Hourly rate for members: \$45 and non-members \$60. Tip not included.

1/2 hour rate: \$25 for members and \$45 for non-members.

Call the Center to make your appointment. Gift cards available. Cancellation Policy: If you need to cancel a massage, please call 615-376-0102 at least 24 hours in advance; otherwise, you will be charged.

Manicures and Pedicures

3rd Monday of the month from 8:30 to 3:00

Monday, December 17 and January 14.

Licensed cosmetologist Jeanne Bellinger provides pedicures for \$30, manicures for \$23, and toenail clips for \$15.

Martin Members receive **\$5 discount** for services. Call Jeanne at **615-715-6128**.

Please call Jeanne 24 hours in advance to cancel an appointment; otherwise, you will be charged.

Making the Most of the Holiday Season

with chocolate

Monday, December 10 at 1:00

Guest Speaker: Nancy Pertle

Topic: Worry Free Holidays

The holidays have the potential to create additional challenges this year. In an online poll conducted this summer on stress, the American Psychological Association (APA) found that nearly three-quarters of Americans say they experience stress at levels that exceed what they define as healthy. It is normal to feel overwhelmed during the holiday season. The pressure of the holidays can be extraordinary and at times sad for the loss of loved ones. It is important to put things in perspective and realize that the materialism of the holidays isn't the real spirit of the season. The holidays are about family and togetherness, not tinsel and presents. There are conscious steps you can take to prevent holiday stress and ensure a worry-free season. Join us for a discussion and share your tips for the holiday season. Reservations required.

Caregiver Support Group Meeting

at NHC Place Cool Springs

4th Thursday of each month at 4:00.

Topic: Join Hertha Hines at NHC Place Cool Springs for a discussion to help those who are caring for a family member or friend dealing with memory loss issues. This group meets at NHC Place Cool Springs located at 211 Cool Springs Boulevard, Franklin, TN. Please call Hertha at 778-6831 for your reservation.

Healthy Holiday EatingReally?

Sponsored by Williamson Medical Health and Wellness

Wednesday, December 12 at 11:30

Is it possible to trim the tree as well as your waistline? Put our "tasty and trim" tips to the test. Learn how to keep your food tasty as well as healthy. Yes, it can be done. Find out how to be part of the party without making food the main event.

Williamson medical dietitians will bring several dishes to taste so come and enjoy. Reservations required.

Wet Eyes, Dry Eyes, Itchy Eyes and more

Cool Springs Eye Care

Wednesday, January 16 at 1:00

Guest Speaker: Dr. Jeff Kegaris

Topic: Causes, Symptom and Current Technology

There are many different issues that can cause increased tears as it is a symptom in a majority of eye related conditions and diseases, but once you find the issue treatment can be pursued. Join us for a discussion of these issues along with a variety of new technologies available. Reservations required.

Continuing Education

Crossword Puzzle Tournament and Lunch

Saturday, December 8 from 9:00 to 1:00.

All levels of crossword puzzle enthusiasts are encouraged to participate. The tournament will be held at the downtown Public Library in Nashville. There will be activities for kids, including a human crossword puzzle. Coffee and donuts served in the morning and lunch will be provided. Tournament benefits The Generation Connection.

Cost: \$40 individual, \$90 per 3-person team, \$30 for individuals 55+.

For registration information call Frances Woodall at 615-397-3800 or visit www.facebook.com/TNCROSSWORD

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Do the Holidays Have You Jumping?



Monday, December 17 at 10:00

Guest Speaker: Brentwood Police Captain Tommy Campsey

If the holidays have you jumping, don't let crime add to your frustration. Unfortunately, not everyone out there has a peace-on-earth-goodwill-toward-men attitude at this time of year. Join Brentwood Police Captain Tommy Campsey for an in-depth conversation about crime patterns in our surrounding communities. Find ways to keep you and your loved ones safe this holiday season. Reservations required.

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Thursday Book Review

Our selections for this newsletter both feature local authors and settings. Join us!

For more information, contact Suzanne Rainwater at shr3810@gmail.com or call 615-972-5371.

Thursday, December 20 at 11:15

The Book Review group will meet at *The Puffy Muffin* in Brentwood at 11:15 for a Christmas luncheon. During the luncheon we will discuss some book titles to consider for 2013. We will try to choose our selections for the next several months.

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**January 17 at 11:00**

***Team of Rivals* by Doris Kearns Goodwin**

"A sweeping, riveting account...Put simply, Goodwin's story of Lincoln's great, troubled, triumphant life is a star spangled, highstepping, hat-waving, bugle-blowing winner." *Daily News* (New York)

(Note: The last 100 pages or so of this book is used as a reference for the popular movie, *Lincoln*, now showing in theatres. We will discuss this book in January and will set a date to view the movie together as soon as it is released on DVD.

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**Medicare Simplified**

**Monday, January 7 from 6:15 pm to 8:15 pm**

Medicare Simplified is a non-profit organization with a mission to educate individuals who are turning 65 and those already on Medicare about their choices. They do not sell any products. They are not associated with any hospital or government agency. They provide two services:

1. Conduct free two-hour seminars for those turning 65 and those already on Medicare
2. Provide one-on-one consulting for those wanting greater personal attention regarding their Medicare choices

The seminars are informative and easy to understand. They will simplify the dramatic differences between your various Medicare options. Even if you and/or your spouse have access to employer/union health insurance beyond age 65, you still need to consider important Medicare rules to avoid costly mistakes. Each attendee receives a printed handout of the important issues regarding their Medicare choices. We also review the impact of Healthcare Reform on Medicare.

Although the seminar is free, reservations are required due to material preparation and meeting room accommodations. Please call 1-888-551-2691 or email: [chetcm Medicare@aol.com](mailto:chetcm Medicare@aol.com)

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**Inclement Weather Policy**

**Please note: When Williamson County schools are closed due to weather conditions all programs and trips at the Martin Center are canceled.**

**Continuing Education**



**Holiday Mesh Wreath**

*Instructors Judy Davis and Joyce Patton*

**Friday, December 14 at 1:00**

Let's just jump right in! Judy and Joyce will lead the way. Christmas mesh wreaths are some of the easiest to make. The reason is because there is a lot of greenery to attach things to. Also, all of the greenery is wired so you can just wrap the greenery around the mesh and ribbon to secure it. You are responsible for gathering your own supplies. There is a supply list at the front desk. Reservations required. Cost: \$2.

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**Truths and Myths Part II**

*Sponsored by Verble Estate Preservation and Advisors*

**Wednesday, January 9 at Noon**

**Guest Speaker: President and CEO Mike Verbal**

Back by popular demand! Mike Verble brings the perfect mix of skills, experience, and passion to his role as President/CEO of Verble Estate Preservation & Advisors. Watching his father lose his retirement fund to white collar criminals was a dramatic event for Michael and was the catalyst that prompted him to return to college and devote his life to helping people. Join us for a discussion on a variety of topics including a new tax return prep program. Lunch provided. Reservations required

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**The Streets of Brentwood**

*January potluck program*

**Tuesday, January 15 at 11:30**

**Guest Speaker: Betsy Crossley, Brentwood Commissioner**

H.G. Hill Realty Company and GBT Realty Corporation submitted renderings for **The Streets of Brentwood**, a mixed use development envisioned for the site of the former Murray Ohio headquarters and the current site of the Tennessee Baptist Convention Center. As drawn, the mixed-use project would total 970,212 square feet developed into residential, office and retail/restaurant uses as well as a theater and a hotel. Ms. Crossley will join us for a discussion of progress the day after the City of Brentwood holds the public hearing for the project. Bring a large dish to share with everyone. \$2 members. \$5 guest

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**Current Financial Markets**

*sponsored by Merrill Lynch*

**Wednesday, January 23 at Noon**

**Facilitators:** Raj Patnaik and Zach Richards from Merrill Lynch

**Topic: What does the current market mean to you?**

Please join Raj Patnaik and Zach Richards from Merrill Lynch Wealth Management for another exciting "lunch and learn" session regarding the financial markets. Raj and Zach will be on hand to answer your questions about the current financial environment. As always, lunch will be provided! Reservations required.

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**Weight Watchers Meetings at Martin**

**Tuesday mornings at 8:30 and Tuesday evenings at 5:30.**

Martin Center members with I.D. pay \$30 joining fee week one (unless there is a joining special). Martin Center members with I.D. receive \$2.00 off the weekly meeting fee, after week one no additional discounts are available. (i.e. LTM and senior citizens). These discounts are only available at The Martin Center.

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**Historical Seniors**

1st Thursday at 10:00. Facilitated by Virginia Watson

**Will resume in February**

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**Genealogy**

2nd Tuesday at 10:00. Facilitated by Virginia Watson.

**Will resume in February**

## Trips and Tours

### *Martin Holiday Party at Green's Grocery in Historic Leiper's Fork*

**Thursday, December 6. Leave the Center at 5:00.**

A landmark in Leiper's Fork, **Green's Grocery** will host our Martin Center holiday party. This is a unique and exclusive opportunity to travel to the beautiful countryside of Leiper's Fork and enjoy fellowship and friendship. We will travel in comfort by Grey Line motor coach and sip a little bubbly along the way. A catered dinner will be provided by Ambrosia Catering of Nashville. A special guest appearance is a **VERY** strong possibility a face you will recognize and music that will have your toes tapping.

\*Cost: \$47.50 includes transportation, gratuity, holiday dinner and beverage. Limited to Martin members only. Reservations accepted only with payment. Limited seating. Menu available at front desk. Return to Martin Center by 9:00. CD's of guest artist will be available for purchase and a love offering will be collected for the band members.

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### **Cross Corner Bar and Grill**

**Tuesday, December 11. Leave the Center at 10:45.**

Nestled in the heart of Brentwood, Cross Corner is truly your neighborhood sports bar and grill. The dining room fills with families and sports teams of all ages. The bar side is always full of regulars where everyone knows your name. There are daily food and drink specials. Reservations required even for those who choose to drive on your own. Transportation: \$5.

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### **Chaffin's Barn**

*The Bop She Bops: Merry Christmas, Baby*

**Thursday, December 13. Leave the Center at 10:30.**

It's Christmas 1972 and three months since singing group The Bop She Bops' triumphed at their ten-year high school reunion. Now they are in preparation for their biggest venue yet, the town's annual Christmas Eve Concert. A blizzard hits as the girls gather to practice their music featuring hits from the 60's like *Ain't No Mountain High Enough*, *I will Follow Him* and *Daydream Believer*. Also included are Christmas classics, *Rockin' Around The Christmas Tree* and of course, *Merry Christmas Baby!*

\*Cost: \$32.50 includes transportation, CDL licensed driver, boxed lunch, ticket for event, and door-to-door service. Show only: \$20. Reservations accepted only with payment. Seating limited.

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### **Winesipper's with Bobbie Jean Frost**

**Thursday, December 13. Leave the center at 3:30 and return at 6:30.**

Martin Winesippers have been invited to celebrate the holidays in the comfort of one of our member's homes. BJ Frost has graciously opened her home for our Winesippers to enjoy friendship and fellowship during the holidays. Winesippers should bring hors d'oeuvres to share for the evening. Ride in comfort and safety with one of our favorite CDL drivers at the wheel. \$12 Includes wine and transportation. Evening is limited to 25 members.

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### **Carrabba's and Christmas Lights**

**Wednesday, December 19. Leave the Center at 3:45.**

Travel to Cool Springs for dinner at Carrabba's. After dinner, tour Brentwood/Franklin neighborhoods for Christmas Lights Tour. As you gaze among the lights enjoy sipping bubbly along the way. Cost: \$10. Dinner not included.

**Please note:**

**\*Cost of travel calculated by:**

**Ticket and meal cost for driver, gas, insurance, and maintenance cost for vehicle and staff support**

# **Trips and Tours**

## **White Christmas**

*Franklin Theatre and Puckett's Boat House*

**Sunday, December 23 at 11:45**

Let's see the Bing Crosby classic on the big screen at The Franklin Theatre. By now you probably know the story, a successful song-and-dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general. The Franklin Theatre is a marvelous place to enjoy the movies and your favorite beverage of choice. After the movie let's head to Puckett's Boat House.

Reservations required. Cost: \$10 includes ticket and transportation.

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## **Ted's Montana Grill**

**Tuesday, January 8. Leave the Center at 10:45.**

Located off West End in Nashville this burger place offers deliciously large portions that give you not only lunch but dinner for one price. Start off with their Bison Nachos, Island Crab Cakes, Homemade salt n' pepper onion rings to mention a few. You can have your hamburger naked, Cadillac style, green and hot, blue creek, Avalon classic, skinny dip, American Classic, and many other item options. Something for everyone's taste buds. Reservations required. Van: \$5.

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## **Curb Dress Rehearsal**

*Nashville Symphony*

**Thursday, January 10. Leave the Center at 9:30.**

**Giancarlo Guerrero**, conductor, **Jennifer Koh**, violin, **Richard Strauss** - Don Juan,

**Mozart** - Symphony No. 39 in E-flat major

**Szymanowski** - Violin Concerto No. 1

**Richard Strauss** - Till Eulenspiegel Lustige Streiche

Two tone poems by Richard Strauss bookend this concert, beginning with the wild rush of violins that opens the passionate *Don Juan*. Brimming with feverish emotion, this tale of the legendary lover is followed by Polish composer Karol Szymanowski's rarely performed Violin Concerto, an equally sensual piece that will feature the spirited musicianship of soloist Jennifer Koh. Cost: \$7. Reservation required. Limited seating. Members only.

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## **Nashville Armory Guided Tour**

*With Leroy Farris*

**Thursday, January 17. Leave the center at 9:45.**

Many of you have taken carry permit classes with Mr. Farris at the Martin Center. Mr. Farris owns and operates his own training company, conducting courses for police, private security, and private citizens. Since 2003 he regularly serves as a guest instructor with the Federal Bureau of Investigation teaching police firearm instructor courses. Mr. Farris has agreed to give us a personal tour of the new state-of-the art indoor shooting range. It is one of the largest and most advanced firearms complexes in the country. They have 16 lanes divided into 2 bays and they are each 75ft. long.

Reservations required. Cost: \$5.

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## **Goodwill Brentwood**

*Lunch at Nana's and Amish Visit*

**Friday, January 18. Leave the Center at 9:30**

Goodwill® works to enhance the dignity and quality of life of individuals and families by strengthening communities, eliminating barriers to opportunity, and helping people in need reach their full potential through learning and the power of work. Let's travel in comfort to the new Goodwill at Concord and Nolensville Road to shop. After shopping we will travel to Nolensville to have lunch at Nana's. Enjoy daily meat choices of homemade meatloaf, baked chicken, catfish fried or grilled, macaroni and cheese, baked apples, white beans, salads, and so much more. After lunch we will discover what the Amish have to offer and check out some new antique stores along the way. Cost: \$10

# Creative Arts

## Card Crusaders Need You!

Are you crafty? Have you seen the beautiful hand made cards at the Center? Well, we need your help. The crusaders meet Mondays and Wednesdays. Please call or come by if you can help us out!

## Stop and Shop at Martin

If you are looking for a gift or card to send to someone? The Card Crusaders now have more than 70 patterns. They are already creating Holiday cards! So, come by and place your order early!

- ~Let them customize and design your business logo on a card
- ~Order specialty cards
- ~They can design game day cards with your favorite team colors! Handmade and only \$4!! They are amazing.



## Martin Masters

*Please note 2013 rate change for non-members*

### Beginning Oil Painting with Reneé LaRose

If interested please call Reneé at 368-7163.  
\$60 for members. \$120 for non-members. Supplies not included.  
6 students needed for class.

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If interested please call Reneé at 368-7163.  
\$60 for members. \$120 for non-members. Supplies not included.  
6 students needed for class.

### Watercolor Exploration with Barbara Bays

Tuesdays at 1:00, six-week series  
It is a “no more fear approach” to watercolor.  
These sessions are for those who want to continue to explore the art of watercolor. Beginners welcome.  
Any questions please call Barbara Bays at 414-0458. Cost: \$50 for members. \$100 for non-members.

### Martin Members Only ~ Open Studio

#### Watercolor, Thursdays at 1:00.

Bring your brushes, pens and paints and join us each Thursday afternoon for a Open Studio day at Martin. There will be no instructor so you can possibly learn from your peers. Martin Members only.

#### Oil's, Wednesdays at 1:00.

Bring your brushes, pens and paints and join us each Thursday afternoon for a Open Studio day at Martin. There will be no instructor so you can possibly learn from your peers. Martin Members only.

*Reservations for all art classes accepted only with payment for entire session.  
No credit issued of missed classes*

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## Elements of Writing

### Facilitator: Sally Lee

1st and 3rd Mondays at 11:00  
Monday, October 1 and 15. Monday, November 5 and 19.

For fiction, non-fiction and, from time to time, poetry, we discuss some aspect of character or setting. Several people read a portion of their work and receive friendly feedback from the rest of the group. New members are welcome. **First** visit free. Members free. Visitors \$3.



# Games People Play

All of the following activities are provided for Martin members free of charge.

Guests are welcome to pay a \$5 fee to visit activities once.



## Billards

Tuesdays and Thursdays at 10:15

Members free.

## Bridge

Wednesdays at 9:00

Members free.

## Canasta

Thursdays from 9:30-3:30. Bring your lunch.

Members free.

## Canasta Lessons

Call Center for dates

If you would like to learn or refresh your skills in the Canasta game of Pennies from Heaven, please join us.

Facilitated by Martin volunteers Helen Landry and Joyce Patton.

## Horseshoe Pit

Currently open for members.

## Martin Members Game Days

Tuesdays from 11:00 to 3:30. Fridays from 11:00 to 3:30.

## Poker

Mondays at 10:30

## Wii Games

Mondays at 1:00. Choose from a variety of games to play.



## Santa's Spectacles

*Sponsored by Brentwood High School Theatre*



### Friday, December 14 at 3:45

The neighborhood children call Prunella Crookshank "Cranky Crookshank" because she never smiles, is always cranky and doesn't believe in Santa. She has great difficulty keeping her glasses on, and it is only when Santa's elf loses Santa's spectacles on the way to getting them fixed that Prunella's cat Snowball finds them and things change. Snowball substitutes Santa's glasses for Prunella's, and once she wears them, she instantly becomes happy. But Santa must have his glasses so he can make his Christmas run. Join us for a fun filled 30-minute show.

Reservations required.

## Inclement Weather Policy

Please note when Williamson County schools are closed due to weather conditions all programs and trips at the Martin Center are canceled.

# Eudaimonia

## Kathryn's Corner of Marvelous Volunteers Volunteer Spotlight

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Small things can make a big difference. **Thank you** to Sally Lee for spearheading the tennis ball "X"-orcism for the table and chair legs in the art classroom.

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Special **Thanks** to David and Priscilla Lee, Bette Holmes, and Tom Cullen. They have been working tirelessly to improve and maintain the grounds. It keeps getting better and better!

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A huge **Thank You** to Sherry Armstrong. She spent two whole, back-breaking days cleaning, scrubbing, disinfecting, and polishing the kitchen. She scrubbed walls, floors, and inside and outside of ovens, and refrigerators. She has suggested a committee be formed to run point on the kitchen, after events or rentals, to keep the kitchen in order now that it is cleaned. Let me know if you would like to join Sherry on that committee.

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The Martin Masters Art Show and Sale was a beautiful event. We want to **THANK** the following people. **Bill Barnes** was the featured artist and was a great help to the Center by offering to design the poster and postcards.

There were many volunteers in place that helped the event run smoothly. **Helen Landry** spent time-pressured hours right before the event entering the artists' individual works into spreadsheets to help with the sales process.

She also helped at the desk the night of the Preview Party along with **Ann Beasley, Nell Highers** and **Alea Capaldi**. **Sheryl Davis** and **Carol Austin** greeted guests at the front door. Before the festivities began, set-up and decorating needed to be done. Thanks to **Joe Poag, Lewis Cyree, Bill Depp, Malcolm Small, Terry Copley,** and **Tim Bays** for the set-up. **Joyce Patton, Pat Haskins, Judy Davis,** and **Freda McDonald** were the Fluffettes. **Ryan Dankowski** (*Cool Springs Wine & Spirits*) and Roland Keistler volunteered their time to pour wine which was donated from Cool Springs Wine & Spirits. **Guy Haskins** (Giandi's) and **Chef Chris Scott** (Life Care) provided wonderful food for the Preview Party and for the guests on Friday and Saturday. Special **THANKS** to **Bobby Lyons** for donating the use of his special lighting that made the event very glamorous. And of course our final and most all-encompassing **THANK YOU** goes to the Art Committee members: **Dot Small, Maxine Kunkel, Betsy Copley, Barbara Depp, Barbara Bays, and Debbie Muck.**

This event is truly amazing, not only for the community, but for the artists themselves.

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I want to stress the importance of this volunteer opportunity. People like to be remembered when they are down or not feeling well. Please help "Just Joan" do what she loves to do-give her names and/or addresses of members that are struggling with something. She loves to feel her actions make a difference.

"**Just Joan**" is always at your disposal. She is ready to send a card of encouragement, sympathy, or concern to any member that needs to know the Martin Center is thinking about them.

Let Kathryn know and she'll pass the info to "Just Joan."

~~~~~ NEW WISH LIST

New benches for the pond area

The Garden Committee would like you to start thinking ahead. In the spring when you start cutting back or splitting plants, please consider donating them to the Martin Center. We will have something in place for the committee to let you know if they can use your cuttings before you bring them over.

This FiftyForward coupon entitles you to:

\$10 off new or renewing membership at the Martin Center
Or
\$10 off Center activity / class for Martin members

Offer expires 1/31/13

One coupon per person allowed
If there are two people in your household please see Kathryn Capaldi

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**Join by December 31, 2012**  
**and your name will be entered to win a \$100.00 Visa card**

**Painting with “Winer’s” at Martin**

**Friday, January 11 at 3:00**

Bring your favorite beverage and paint a picture along with art instructor Barbara Bays as she shows you step-by-step how to paint a beautiful masterpiece that you will take home at the end of the day. Enjoy fellowship and fun. Cost: \$20 includes supplies. Reservations required.



**Martin Survey Monkey for Members**

*Deadline December 14th*

The Evaluation Team of FiftyForward Martin Center has created an online survey for our members to complete. This will help guide our programs and strategies for the future. We ask that every member take the survey between now and December 14. It only takes about five minutes. Please use link listed below OR pick up a hard copy of the survey at the front desk. Thank you for helping us with this vital project!

<https://www.surveymonkey.com/s/2012surveyMartinCenter>

**Holtkamp Greenhouses, Inc. Tour**

*Optimara world’s largest grower*

**Monday, January 28. Leave the center at 12:30.**

If you love blooming flowers and want to see a fantastic variety of colors, this tour is for you! With the widest selection of full-blooming varieties, Optimara continues to advance the industry with new plant varieties and innovative growing techniques, refined over years of research and development. They provide new, exciting plants with beautiful blooms. We will be given a personalized tour of this amazing facility. This is a flat surface walking tour so please wear comfortable shoes. Cost: \$8 includes tour and transportation. Lunch to be determined.

**Brentwood Tree Lighting**

**Monday, December 3 at 5:30**

The Annual Brentwood Tree lighting ceremony to be held at the Brentwood Library with Mayor Paul Webb and music by Ravenwood High School Choir.

**Martin Center  
960 Heritage Way  
Brentwood, TN 37027**

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**United Way  
of Williamson County**

***2013 Membership Information and Discount Coupon***

*Martin Survey Monkey for Members*

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***Martin Holiday Party at Green's Grocery in Historic Leiper's Fork***

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***White Christmas***

*Franklin Theatre and Puckett's Boat House*

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***Holiday Mesh Wreath***

*With Joyce Patton and Judy Davis*

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***Santa's Spectacles***

*Sponsored by Brentwood High Theatre*

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***Do the Holidays Have You Jumping?***

*Guest Speaker: Brentwood Police Captain Tommy Campsey*

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***Carrabba's and Christmas Lights***

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***Winesipper's with Bobbie Jean Frost***

***Details inside***