

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>August 2013</b>		The Martin Center 960 Heritage Way Brentwood, TN 37027 615-376-0102 www.themartincentertn.org		1 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Historical 9:30 Yoga 10:15 Billiards 10:15 <b>Knowles: Love Songs</b> Open Studio 1:00	2 Flex Exercise led by Dot Small 9:30 Kaluki 10:15 Game Day 11:00 <b>Movie Time 1:00??</b>	3 .
4	5 Card Crusaders 9:30 Pilates 9:15 Poker 10:30 Elements of Writing 11:00 Wii Games 1:00 <b>Pamper and Play 1:00</b>	6 Massage 8:30 Weight W. 8:30 Pilates 9:15 Scrabble 10:00 Billiards 10:15 Poker 10:30 Game Day 11:00 Watercolor 1:00	7 Card Crusaders 9:30 Bridge 9:00 Pilates 9:15	8 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 <b>Knowles: Memory Lane</b> Open Studio 1:00	9 Flex Exercise led by Dot Small 9:30 Horseshoes 10:00 Kaluki 10:15 Game Day 11:00 <b>Red Hat Day Movie Time 1:00</b>	10
11	12 Card Crusaders 9:30 Pilates 9:15 Poker 10:00 <b>Movie: The Miller's 10:45</b> Wii Games 1:00	13 Massage 8:30 Weight W. 8:30 Flex Exercise 9:30 Genealogy 10:00 Scrabble 10:00 Billiards 10:15 <b>Brewhouse 10:45</b> Game Day 11:00 Watercolor 1:00	14 Card Crusaders 9:30 Bridge 9:00 Pilates 9:15 <b>Bridge Lessons 12:30</b>	15 <b>4-handed Massage</b> Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 <b>Knowles: The Standards Painting with Winers 1:00</b>	16 <b>Day Trip: 9:30</b> Flex Exercise led by Dot Small 9:30 Kaluki 10:15 Game Day 11:00 <b>Movie Time 1:00</b>	17 <b>Silver Stars Audition</b>
18	19 Foot/Hand Care 8:30 Card Crusaders 9:30 <b>Frist Center 9:30</b> Pilates 9:15 Poker 10:00 Elements of Writing 11:00 Wii Games 1:00	20 Massage 8:30 Weight W. 8:30 Flex Exercise 9:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 <b>Potluck: 11:30 Joe Biddle</b> Watercolor 1:00 <b>Paraffin Hands 1:00</b>	21 Card Crusaders 9:30 Bridge 9:00 Pilates 9:15 <b>101 First Aid and Lunch Sponsored by Williamson Medical Bridge Lessons 12:30 Painting Glass 3:00</b>	22 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 <b>Tea Cup Workshop 10</b> Yoga 10:15 Billiards 10:15 <b>Knowles: Country</b> Open Studio 1:00	23 Flex Exercise led by Dot Small 9:30 <b>Tea Cup Workshop 10</b> Kaluki 10:15 Game Day 11:00 <b>Pollo Tropical 10:45 Movie Time 1:00</b>	24
25	26 Pilates 9:15 Card Crusaders 9:30 Poker 10:00 <b>Wii Tournament 1:00 Dinner Group 3:45</b>	27 Massage 8:30 Weight W. 8:30 Flex Exercise 9:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Watercolor 1:00	28 Card Crusaders 9:30 Bridge 9:00 Pilates 9:15 <b>Bridge Lessons 12:30 Jonathon's 4:00</b>	29 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga & Billiards 10:15 <b>Knowles: The Holidays</b> Open Studio 1:00 <b>Beading Buds 1:00</b>	30 Flex Exercise led by Dot Small 9:30 Game Day 11:00 <b>Winesipper's 5:30</b>	