

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<h1 style="text-align: center;">October 2014</h1> <p style="text-align: center;">FiftyFoward Martin Center 960 Heritage Way, Brentwood, TN 37027 (P) 615-376-0102 (F) 615-376-0124 www.fiftyforward.org www.themartincenter.tn.org http://themartincenter.tripod.com</p>			<p style="text-align: center;">1</p> <p>Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30</p>	<p style="text-align: center;">2</p> <p>Message 8:30</p> <p>Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00</p>	<p style="text-align: center;">3</p> <p>Flex with Dot 9:30 Game Day 11:00</p>	<p style="text-align: center;">4</p>
<p style="text-align: center;">5</p>	<p style="text-align: center;">6</p> <p>Walking 9:00 Card Crusaders 9:00 Pilates 9:15 (Benchmark Rental 10:00) Poker 10:30 Elements of Writing 11:00</p>	<p style="text-align: center;">7</p> <p>Message 8:30</p> <p>Kathy: Easy Moves 9:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Watercolor 11:00 #1</p>	<p style="text-align: center;">8</p> <p>Bridge 9:00 Walking 9:00 Card Crusaders 9:00 Pilates 9:15 I-Pad with Betsy 10:30 What to Expect in the ER Noon Bridge Lessons 12:30</p>	<p style="text-align: center;">9</p> <p>Message 8:30</p> <p>Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00</p>	<p style="text-align: center;">10</p> <p>Flex with Dot 9:30 Game Day 11:00 Showtime at Martin 1:00 Young Frankenstein</p>	<p style="text-align: center;">11</p>
<p style="text-align: center;">12</p>	<p style="text-align: center;">13</p> <p>Walking 9:00 Card Crusaders 9:00 Pilates 9:15 Poker 10:30 Creative Wellness: Owl Zentange Pen and Ink 1:00</p>	<p style="text-align: center;">14</p> <p>Message 8:30 Kathy: Easy Moves 9:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Watercolor 11:00 #2 Lunch in the Gulch (T) Peg Leg Porker 10:30</p>	<p style="text-align: center;">15</p> <p>Bridge 9:00 Card Crusaders 9:00 Walking 9:00 Pilates 9:15 Bridge Lessons 12:30 The Outbreak: Ebola 12:30</p>	<p style="text-align: center;">16</p> <p>Message 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00 Henry Horton and Cooper's House 10:00</p>	<p style="text-align: center;">17</p> <p>Flex with Dot 9:30 Game Day 11:00 Bunko 1:00 Meet Me On the Patio 3:00</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">Senior Solutions Expo</p>
<p style="text-align: center;">19</p>	<p style="text-align: center;">20</p> <p>Walking 9:00 Card Crusaders 9:00 Pilates 9:15 Poker 10:30 Elements of Writing 11:00 Goodwill Spring Hill and Tito's © 10:30</p>	<p style="text-align: center;">21</p> <p>Message 8:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Party on the Patio Burgers and Bluegrass Potluck: 11:30 Watercolor 11:00 #3</p>	<p style="text-align: center;">22</p> <p>Walking 9:00 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Creative Wellness: Doodling 12:30 O'Rourke's Pub 3:00</p>	<p style="text-align: center;">21</p> <p>Message 8:30 Life Line Screening 9:00 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga & Billiards 10:15 Open Studio 1:00</p>	<p style="text-align: center;">24</p> <p>Flex with Dot 9:30 Game Day 11:00 Showtime at Martin 1:00 Mamma Mia!</p>	<p style="text-align: center;">25</p>
<p style="text-align: center;">26</p>	<p style="text-align: center;">27</p> <p>Walking 9:00 Card Crusaders 9:00 Pilates 9:15 Poker 10:30</p>	<p style="text-align: center;">28</p> <p>Message 8:30</p> <p>Weight Watchers 8:30 Kathy: Easy Moves 9:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00</p>	<p style="text-align: center;">29</p> <p>Walking 9:00 Blue Herron Cruise 10:00 (T) Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Johnathon's 4:00</p>	<p style="text-align: center;">30</p> <p>Message 8:30</p> <p>Mystery Trip 10:00 (T) Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga & Billiards 10:15 Open Studio 1:00 Wellness Fair 1-4</p>	<p style="text-align: center;">31</p> <p>Flex with Dot 9:30 Game Day 11:00 Showtime at Martin 1:00 The Shining</p>	

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November 2014

FiftyForward Martin Center
 960 Heritage Way, Brentwood, TN 37027
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 Www.fiftyforward.org www.themartincenter.tn.org
 http://themartincenter.tripod.com

						1
2	3 Elements of Writing 11:00 Card Crusaders 9:00 Pilates 9:15 Poker 10:30 Lunch and Grinder's Switch Winery @ 10:30	4 Massage 8:30 Weight Watchers 8:30 Kathy: Easy Moves 9:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00	5 Bridge 9:00 Pilates 9:15 Card Crusaders 9:00 Bridge Lessons 12:30	6 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Martin Masters Preview Party 5:00-7:30pm	7 Flex with Dot 9:30 Game Day 11:00 Martin Masters Art Show and Sale	8 Martin Masters Art Show and Sale
9	10 Card Crusaders 9:00 Pilates 9:15 Poker 10:30 Elements of Writing 11:00 Financials with Raj Noon Craft Brews with Ryan 2:45	11 Massage 8:30 Weight Watchers 8:30 Kathy: Easy Moves 9:30 Scrabble 10:00 Billiards 10:15 Gina's Stonefired Italian 10:45 (C) Game Day 11:00 Watercolor 11:00 #4	12 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30	13 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00 Fire Pit Noon Blind Tasting 5:00	14 Viva La Diva Packet Pickup at Martin All Day Flex with Dot 9:30 Game Day 11:00 Showtime at Martin 1:00-The Bucket List	15
16 Men's Breakfast? Got Gas Blind Wine and Dine	17 Card Crusaders 9:00 Pilates 9:15 Poker 10:30 Holiday Safety and Crime trends 10:30 Elements of Writing 11:00	18 Massage 8:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Tech Time 10:30 Game Day 11:00 Watercolor 11:00 #5 Potluck 11:30 TDOT: Yellow Dot	19 Men's Breakfast 8:15 Bridge 9:00 Pilates 9:15 Card Crusaders 9:00 Bridge Lessons 12:30 Happy Holidays..... Really? 10:30 Jonathon's 4:00	20 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga & Billiards 10:15 Open Studio 1:00 The Gulch and Bar Louie 3:30 (J)	21 Flex with Dot 9:30 Game Day 11:00 Bunko 1:00	22
23 _____ 30	24 Walking 9:00 Card Crusaders 9:00 Pilates 9:15 Poker 10:30	25 Massage 8:30 Kathy: Easy Moves 9:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Watercolor 11:00 #6 Game Day 11:00	26 Bridge 9:00 Pilates 9:15 Card Crusaders 9:00 Bridge Lessons 12:30	27 Center Closed	28 Center Closed	29