

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	3 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Wordsmythes In Action 10:00	4 Massage 8:30 Weight W. 8:30 Medicare Overview 10:00 Scrabble 10:00 Watercolor 10:00 #1 Billiards 10:15 Game Day 11:00	5 Bridge 9:00 Pilates 9:15 Card Crusaders 9:00 Bridge Lessons 12:30	6 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #4 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00	7 Stretch and Flex Exercise 9:30 Ricki and The Flash 10:30 Game Day 11:00	8	
9 Senior Day at the Williamson County Fair 11:00	10 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00	11 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 #2 Billiards 10:15 Silly Goose 10:30 (P) Game Day 11:00	12 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Colorfy Your Mind 1:00	13 Massage 8:30 Harrah's 7:15 Tai Chi 9:00 Canasta 9:30 Lipscomb Nurse Lab Tour 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00	14 Stretch and Flex Exercise 9:30 Game Day 11:00 Showtime 1:00: Article 99	15	
16	17 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Wordsmythes In Action 10:00	18 Massage 8:30 Weight W 8:30 Scrabble 10:00 Watercolor 10:00 #3 Billiards 10:15 Game Day 11:00 Potluck with Doug Mathews 11:30	19 Bridge 9:00 Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Showtime 1:00: 1st Deadly Sin Jonathon's 4:00 (meet there)	20 Massage 8:30 Tai Chi 9:00 Canasta 9:30 CPR 10:00 Knitting 10:00 Yoga/Billiards 10:15 Oil Painting 9:30 #1 Open Studio 1:00	21 Stretch and Flex Exercise 9:30 Game Day 11:00 Bunko 1:00	22	
23	24 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00	25 Massage 8:30 Weight W 8:30 Scrabble 10:00 Watercolor 10:00 #4 Billiards 10:15 Dick's Last Resort 10:30 (P) Game Day 11:00	26 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30	27 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #2 Knitting 10:00 All Shook Up 10:15 Yoga/Billiards 10:15 Open Studio 1:00	28 Stretch and Flex Exercise 9:30 Game Day 11:00 Pu Pu Party 2:30	29	
30	31 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	August 2015					

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2015

FiftyFoward Martin Center
 960 Heritage Way,
 Brentwood, TN 37027
 615-376-0102
 www.themartincentertn.org
 www.fiftyfoward.org

		<p>1 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Mindfulness 10:00 Watercolor 10:00 #5 Billiards 10:15 Game Day 11:00</p>	<p>2 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Bee Batik 1:00</p>	<p>3 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #3 Lipscomb 10:00 #1 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00 Chocolate Tasting 1:00</p>	<p>4 Stretch and Flex Exercise 9:30 Game Day 11:00</p>	<p>5</p>
<p>6</p>	<p>7 CENTER CLOSED</p>	<p>8 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Watercolor 10:00 #6 Billiards 10:15 Game Day 11:00</p>	<p>9 Lifeline Screening Bridge 9:00 Pilates 9:15 Card Crusaders 9:00 Day Trip 10:15 (P) Bridge Lessons 12:30</p>	<p>10 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #4 Knitting 10:00 Lipscomb 10:00 #2 Yoga 10:15 Billiards 10:15 Open Studio 1:00</p>	<p>11 Stretch and Flex Exercise 9:30 Game Day 11:00 Showtime 1:00: The Great Gatsby</p>	<p>12</p>
<p>13</p>	<p>14 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Financial Fun with Raj and Zack Noon Acrylic Techniques 1:00</p>	<p>15 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Potluck 11:30</p>	<p>16 Kentucky Downs Live Horse Racing 9:30 (P) Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 L.O.L 1:00 Johnathon's 4:00 (meet there)</p>	<p>17 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 TBA Knitting 10:00 Lipscomb 10:00 #3 Yoga 10:15 Billiards 10:15 Whisky Kitchen 3:30(P) Open Studio 1:00</p>	<p>18 Stretch and Flex Exercise 9:30 Game Day 11:00 Bunko 1:00 What the Tech 1:30</p>	<p>19</p>
<p>20 Nashville Predators Senior Appreciation Day 2:00</p>	<p>21 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Wordsmythes In Action 10:00 What are the Rules? Noon</p>	<p>22 Massage 8:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Dragon Fly Batik 1:00</p>	<p>23 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Eye Care 1:00 Music City Roots 5:00 (Ivy)</p>	<p>24 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 TBA Knitting 10:00 Lipscomb 10:00 #4 Yoga /Billiards 10:15 Open Studio 1:00 Winesippers 4:30</p>	<p>25 Stretch and Flex Exercise 9:30 Game Day 11:00 Showtime 1:00 Keeping Mum</p>	<p>26</p>
<p>27 TPAC Dirty Dancing 11:30</p>	<p>28 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00</p>	<p>29 Massage 8:30 Weight Watchers 8:30 Scrabble 10:00 Watercolor 10:00 #1 Billiards 10:15 Game Day 11:00</p>	<p>30 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30</p>	<p>FYI (October 1 at 10:00) Lipscomb Learning at Martin 10:00 #5</p>		