

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2015	FiftyForward Martin Center 960 Heritage Way Brentwood TN 37027 (P) 615.376.0102 themartincentertn.org / fiftyforward.org			1 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #1 Lipscomb 10:00 Knitting 10:00 Yoga & Billiards 10:15 Open Studio 1:00	2 Stretch and Flex Exercise 9:30 Game Day 11:00 Rotary Meeting Noon Showtime 1:15	3 <i>Stein Mart</i> <i>Fashions At</i> <i>Fountains of Franklin</i> 2:00 p.m.
4	5 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	6 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00	7 Sr. Day at Zoo 9:00 Bridge 9:00 C. Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Dragon Fly Batik 1:00	8 Massage 8:30 (I) Day Trip 10:00 Tai Chi 9:00 Canasta 9:30 Oil Painting 9:30 #2 Knitting 10:00 Yoga & Billiards 10:15 Open Studio 1:00	9 Stretch and Flex Exercise 9:30 Game Day 11:00 Rotary Meeting Noon Box Painting 12:30 Colorfy 12:30	10 A Walk In The Park Benefit for Smith Park 7:30a.m. ——— Tour Historic Mount Olivet Cemetery at 4:30 p.m.
11	12 (JN) Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Nolensville Trip 10:30 Acrylic Techniques 1:00	13 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Author 10:00 Watercolor 10:00 #1 Billiards 10:15 Game Day 11:00 Lunch & Learn 11:30 Cooking Demo 1:15	14 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 What the Tech 1:00 Jonathan's 4:00 (meet there)	15 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00 The Hearth 3:45	16 Closed FiftyForward Staff Retreat	
18	19 (I) Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Day Trip	20 Massage 8:30 Weight W 8:30 Scrabble 10:00 Watercolor 10:00 #2 Billiards 10:15 Game Day 11:00 Potluck 11:30 Medicare Enrollment SHIP 1:00-3:00	21 Bridge 9:00 Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30	22 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga/Billiards 10:15 Open Studio 1:00 Winesippers 4:30	23 Stretch and Flex Exercise 9:30 Game Day 11:00 Rotary Meeting Noon Showtime 1:15	24
25	26 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00	27 Massage 8:30 Weight W 8:30 Scrabble 10:00 Billiards 10:15 Lipscomb Lunch and Learn 10:30 Game Day 11:00	28 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Party on the Patio 3:00	29 Massage 8:30 Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga/Billiards 10:15 Box Party 10:30 Open Studio 1:00	30 A Better Nest ~The Idea House 9:30 Stretch and Flex Exercise 9:30 Game Day 11:00 Rotary Meeting Noon Bunko 1:00	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	3 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Chef Ron 1:15	4 (JN) McNamara's Irish Pub 10:30 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Showtime 1:15	5 Massage 8:30 (I) Tai Chi 9:00 Canasta 9:30 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00 Dinner Group 3:30 (Blue Moon Riverside)	6 (JN) Nashville Symphony 9:00 Stretch and Flex Exercise 9:30 Game Day 11:00 Rotary Meeting Noon	7
8	9 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Financial Fitness Noon Acrylic Techniques 1:00	10 Massage 8:30 (P) Day Trip 9:30 Programs suspend for Art show set up	11 Programs suspend for Art show set up Card Crusaders 9:00 Johnathon's 4:00 (meet there)	12 Massage 8:30 Programs suspend for Art show set up	13 Programs suspend for Art show set up and Cocktail Party Meet at the Movies: TBA Love the Cooper's Cocktail Party 5:00 to 8:00	14 Fine Art show and Sale 10:00 to 5:00
15	16 (P) Day Trip Noble Dairy Farm 9:30 Pilates 9:15 Card Crusaders 9:00 Poker 10:30	17 Massage 8:30 Weight W. 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00 Potluck 11:30	18 (I) Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30 Batik Butterfly 1:00 Dinner Group 3:00 House of Brews	19 Massage 8:30 Tai Chi 9:00 Canasta 9:30 It's Your Story with Donuts 10:00 Knitting 10:00 Yoga 10:15 Billiards 10:15 Open Studio 1:00	20 Stretch and Flex Exercise 9:30 Game Day 11:00 Rotary Meeting Noon Bunko 1:00	21
22	23 Pilates 9:15 Card Crusaders 9:00 Poker 10:30 Acrylic Techniques 1:00 Movie Monday 1:15	24 Massage 8:30 Weight Watchers 8:30 Scrabble 10:00 Billiards 10:15 Game Day 11:00	25 Bridge 9:00 Card Crusaders 9:00 Pilates 9:15 Bridge Lessons 12:30	26 Center Closed	27 Center Closed	28
29	30 Pilates 9:15 Card Crusaders 9:00 Poker 10:30				<div style="border: 2px solid black; padding: 5px;"> FiftyForward Martin Center 960 Heritage Way Brentwood TN 37027 (P) 615.376.0102 themartincentertn.org / fiftyforward.org </div>	
November 2015						